

## Questions for Reflection

From Cardinal Cupich presentation on the Mass

### **Encountering Christ in the Community, the Body of Christ - Introductory Rites**

What do you think of when you hear that the Mass is Christ's invitation to you and the community to join more fully in his work of saving the world?

Why do you choose to gather in different ways at the parish? How might you invite someone else to join you?

### **Encountering Christ in the Word - Liturgy of the Word**

What caught your attention, or what did you find interesting about this presentation?

How do you encounter Christ through the Liturgy of the Word?

How does Sacred Scripture help you better know Christ?

### **Encountering Christ in the Eucharist - Liturgy of the Eucharist**

How can you, or how do you, live a self-sacrificial life?

What might you choose to do in the future?

Even when it's hard, how do you put others before yourself?

### **Encountering Christ in our going forth - Dismissal**

When you are sent forth at the end of Mass, do you take time to think about how God is calling you to help others encounter Christ?

What does this look like in your daily life?

Can you share how you have experienced God working in your life?